

Who Are We?

The Community Alliance for Accessible Treatment (CAAT) is a Toronto-based nonprofit organization committed to promoting equitable access to health and social services for people living with and affected by HIV - particularly racialized, immigrant, refugee, and 2SLGBTQI+ communities.

Understanding Sexual Health

The World Health Organization (WHO) defines sexual health as a state of physical, emotional, mental and social well-being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity.

Physical



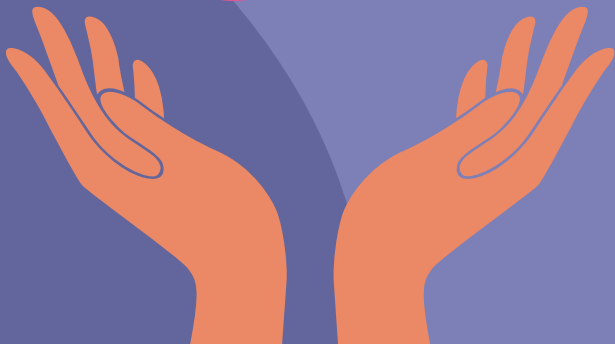
Emotional



Mental



Social



Contact Us



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For more detailed and up
to date resources:



Health Resources for Newcomer Communities



Western
Ontario



CAAT
Community
Alliance for
Accessible
Treatment



Finding Support That Fits Your Needs

Health Based Supports: Medical services that cover sexual and overall health needs like testing, treatment, and affirming primary care.

Interventional Tools: Practical tools and prevention methods that reduce risks around sexual health and substance use.

Organizational Supports: Community-based services and clinics that connect people to healthcare, social supports, and resources.

Peer Navigation & Advocacy: Guidance and mentorship from peers with lived experience who help navigate complex systems.

No OHIP / Insurance

Public Health Units



Community Health Centres



Partial Insurance

Health Care Providers



University/College Clinics



Not Sure Where to Go?

- Regional HIV/AIDS Connection
- Positive Health Network
- Thrive HIV Prevention and Support
- Positive Pathways Community Services
- Positive Living in Niagara

Financial Support: Help covering the costs of healthcare, medication, and daily needs. This also involves supports that help navigate complex funding and eligibility systems.

OHIP

- OHIP+
- Ontario Drug Benefit Program (ODB)
- Ontario Disability Support Program (ODSP)
- Ontario Works (OW)
- Trillium Drug Program

No OHIP / Insurance

- Pharmaceutical Patient Support Programs
 - Gilead MAX Patient Support Program
 - ViiV Patient Support Program
 - Merck Compassionate Care Program
 - Abbvie Compassionate Care Program

Housing, Safety, and Legal Aid: Supports that ensure safe housing, protection from discrimination or violence, and access to legal help.

Community Legal Clinics

- Legal Aid
- Justice Trans
- HIV/AIDS Legal Clinic Ontario (HALCO)

Find your closest legal clinic here!



Shelters and Safe Homes

- Good Shepherd Centres
- Mission Services of Hamilton
- House of Friendship
- Waterloo Region Housing
- The Working Centre
- Anova
- John Gordan Home
- Youth Opportunities Unlimited

Find a list of shelters here!



Mental Health Support: Counselling, crisis response, and emotional support that affirm identity and acknowledge trauma.

Community Counselling Services

- Windsor-Essex Community Health Centre
- Compass Community Health (Hamilton)
- Kitchener Downtown Community Health Centre
- Middlesex London Health Unit
- Access Therapy (Hamilton)
- Ontario Structured Psychotherapy Program

Culture and Community Specific Support: Services rooted in the languages, traditions, and experiences of different cultural and faith communities.

Community Organizations

- The Queer & Trans Migrant Advocacy Alliance of Windsor-Essex County
- Spectrum Hamilton – 2SLGBTQIA+ Newcomer Program
- Compass Community Health Centre – AFFIRM
- SPECTRUM – Rainbow Newcomers Connect

Faith-Based Spaces

- Salaam Canada
- Ismaili Queers: Advocates for Pluralism

Directory of Churches



Information & Education: Accessible, accurate, and inclusive sexual health information that reflects diverse cultural and lived experiences.

- Canadian AIDS Treatment Information Exchange (CATIE)
- Ontario AIDS And Sexual Health Info line

Scan the QR code on the back for more detailed and up to date resources!