

Who Are We?

The Community Alliance for Accessible Treatment (CAAT) is a Toronto-based nonprofit organization committed to promoting equitable access to health and social services for people living with and affected by HIV - particularly racialized, immigrant, refugee, and LGBTQI+ communities.

Understanding Sexual Health

The World Health Organization (WHO) defines sexual health as a state of physical, emotional, mental and social well-being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity.

Physical



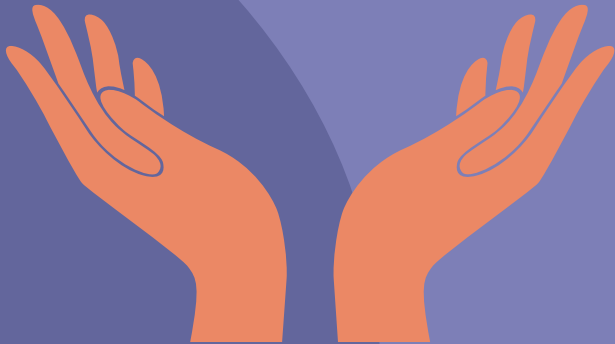
Emotional



Mental



Social



Contact Us



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For more detailed and up to date resources:



Health Resources for Newcomer Communities



Eastern Ontario



CAAT
Community Alliance for Accessible Treatment



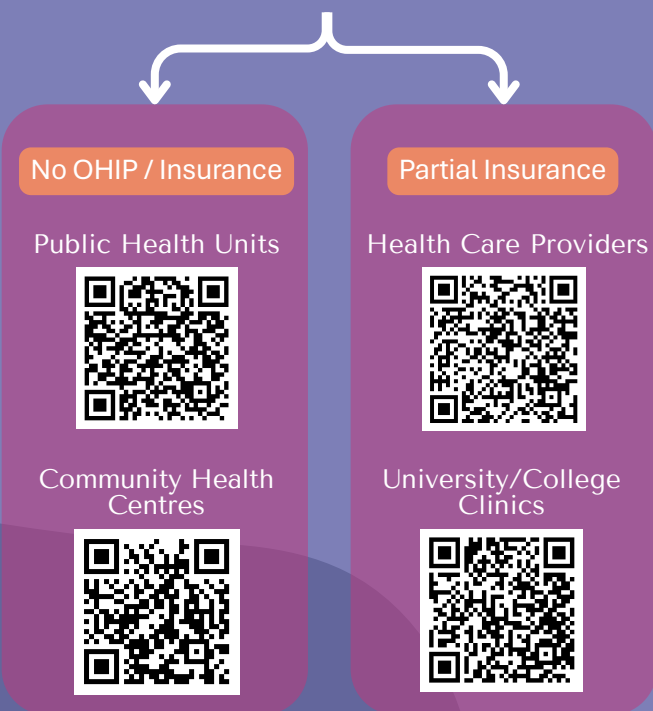
Finding Support That Fits Your Needs

Health Based Supports: Medical services that cover sexual and overall health needs like testing, treatment, and affirming primary care.

Interventional Tools: Practical tools and prevention methods that reduce risks around sexual health and substance use.

Organizational Supports: Community-based services and clinics that connect people to healthcare, social supports, and resources.

Peer Navigation & Advocacy: Guidance and mentorship from peers with lived experience who help navigate complex systems.



Not Sure Where to Go?

- AIDS Committee of Ottawa
- MAX Ottawa
- Trellis HIV and Community Care
- PARN – Your Community AIDS Resource Network
- Capital Rainbow Refuge

Financial Support: Help covering the costs of healthcare, medication, and daily needs. This also involves supports that help navigate complex funding and eligibility systems.

OHIP

- OHIP+
- Ontario Drug Benefit Program (ODB)
- Ontario Disability Support Program (ODSP)
- Ontario Works (OW)
- Trillium Drug Program

No OHIP / Insurance

- Pharmaceutical Patient Support Programs
 - Gilead MAX Patient Support Program
 - ViiV Patient Support Program
 - Merck Compassionate Care Program
 - Abbvie Compassionate Care Program

Housing, Safety, and Legal Aid: Supports that ensure safe housing, protection from discrimination or violence, and access to legal help.

Community Legal Clinics

- Legal Aid
- Justice Trans
- HIV/AIDS Legal Clinic Ontario (HALCO)
- Kind Space – Trans ID Clinic

Find your closest legal clinic here!



Shelters and Safe Homes

- Bruce House
- Youth Services Bureau
- Operation Case Home
- Youth Emergency Shelter of Peterborough
- Brock Mission Shelters
- In From the Cold Emergency Shelter
- Lily's Place Emergency Shelter for Families

Find a list of shelters here!



Mental Health Support: Counselling, crisis response, and emotional support that affirm identity and acknowledge trauma.

Community Counselling Services

- Family Services Ottawa (Around the Rainbow Counselling)
- The Walk-In Counselling Clinic
- Ottawa Community Immigrant Services Organization
- Somerset West Community Health Centre's Newcomer Clinic
- Ontario Structured Psychotherapy Program

Culture and Community Specific Support: Services rooted in the languages, traditions, and experiences of different cultural and faith communities.

Community Organizations

- Black Coalition for AIDS Prevention
- Asian Community AIDS Services
- Alliance for South Asian AIDS Prevention
- LubunTO
- Latinos Positivos
- Francoqueer

Faith-Based Spaces

- Salaam Canada
- Ismaili Queers: Advocates for Pluralism

Directory of Churches



Information & Education: Accessible, accurate, and inclusive sexual health information that reflects diverse cultural and lived experiences.

- Canadian AIDS Treatment Information Exchange (CATIE)
- Ontario AIDS And Sexual Health Info line

Scan the QR code on the back for more detailed and up to date resources!